

- I. Welcome – Erica Wise
- II. Demonstration of Interactive Screening Program service
 - A. Introduced by student Catie Sappenfield
 - B. Demo and presentation of Interactive Screening Program from Laura Hoffman, Program Manager for Interactive Screening Program (Powerpoint available on Sakai)
 - 1) ISP is an online screening program that provides a safe, confidential method for students to connect with mental health services before crises emerge
 - 2) Customized ISP website allows students to anonymously take a stress and depression questionnaire, receive a personalized response from a program counselor, and exchange messages with the counselor
 - 3) Key principles – participant anonymity, personalized contact with counselors, connection to participants experience rather than suggesting diagnoses or need for treatment, interactive engagement
 - 4) Scope of program – voluntary and anonymous, no follow up unless requested, not a crisis intervention service (not available 24/7), not a clinical service or diagnostic tool
 - 5) How it works:
 - a. Staffed by UNC counselors
 - b. Outreach – website, emails, link on website
 - c. Connection – stress and depression questionnaire and counselor's response
 - d. Engagement – on your ISP websites Dialogue platform, participants and counselors exchange messages
 - 6) Questionnaire – tier levels based on distress determine counselor response time
 - 7) Costs – 3 year term. \$2500 development fee, annual license fee of \$2500
 - 8) Liabilities – website can be made temporarily unavailable for campus breaks, etc
 - 9) Anonymity – when student inputs their email address it's encrypted and there is no way to connect a student's record to that email address
 - 10) Theory/research behind the program – to increase access for students who are reluctant to seek services; published studies showing the impact of ISP leading to students making a first appointment. Students are 3 times more likely to make an in person appt after using ISP
 - 11) Accessibility – section 508 compliant
- III. Syllabi proposal – Savannah Putnam
 - A. Proposed mandatory blurbs for syllabi are being reviewed by Faculty Council on November 9th.
 - B. Proposed blurbs:
 - 1) **Counseling and Psychological Services:** CAPS is strongly committed to addressing the mental health needs of a diverse student body through timely access to consultation and connection to clinically appropriate services,

whether for short or long-term needs. Go to their website: caps.unc.edu or visit their facilities on the third floor of the Campus Health Services building for a walk-in evaluation to learn more.

- 2) **Accessibility Resources & Service:** UNC-Chapel Hill facilitates the implementation of reasonable accommodations for students with learning disabilities, physical disabilities, mental health struggles, chronic medical conditions, temporary disability, or pregnancy complications, all of which can impair student success. See the ARS website for contact and registration information: <https://ars.unc.edu/about-ars/contact-us>

- IV. Policy group update – Tiffany Bailey
 - a. Completing review of peer institutions
 - b. Working on refining recommendations focused on course drops/withdrawals/readmission
- V. Next steps
 - a. Suggestions from discussion: messaging from Provost or Chancellor re: importance of mental health and resources available; how to change campus culture – must include mental health of faculty and staff
 - b. Moving toward a draft of final report to work on and refine
 - c. Next two meetings: Tuesday, November 27th at 9am in 105 South and Wednesday, December 12th at 10am in 105 South

Present: Tiffany Bailey, Avery Cook, Georgette Dent, Manny Hernandez, Christi Hurt, Hoi Ning Ngai, Allen O'Barr, Bob Pleasants, Savannah Putnam, Desirée Rieckenberg, Chloe Russell, Angela Strain, Erica Wise

Absent: Dean Blackburn, Kala Bullett, Ed Fisher, Rebecca Gibson, Sri Kalyanaraman, Madelyn Percy, Kara Simmons, Adam Ramsey