

Mental Health Task Force  
10-25-2018

- I. Welcome
- II. High Risk Alcohol and Substance Abuse Task Force –Jonathan Sauls, Dean of Students and Dean Blackburn, Director of Student Wellness
  - A. HRSA Task Force Overview
    - 1) Review of model of Campus Wide Wellbeing and discussion of the interaction between mental health and substance abuse issues
    - 2) Discussion of approaching the task force from a public health perspective
  - B. HRSA Task Force Outcomes
    - 1) Recommendations were made in six areas: Education, Prevention, Intervention, Accountability, Treatment and Recovery, Implementation and Assessment
    - 2) A standing task force was established to monitor the implementation and assess the outcomes of the recommended changes
    - 3) Revision of alcohol policy
      - a. Alcohol policy was re-written based on a comprehensive public health approach, applicable to the entire campus
      - b. Includes medical amnesty and Safe Harbor clauses that remove the threat of punishment for seeking medical help or reporting crimes or assaults
      - c. Focuses less on enforcement and punishment and more on encouraging people to seek help for substance abuse issues
    - 4) Continued growth and support of UNC recovery programs
- III. Policy Subgroup Update/Discussion
  - A. Subgroup is narrowing focus to withdrawal, re-entry, course drops, underloads, and incomplete/AB grades
  - B. Policies appear straightforward but processes are challenging
  - C. Subgroup will continue to meet with staff familiar with policies and has invited students to assist the group
  - D. Suggestions from the larger task force:
    - 1) Better education on policies for students (including process mapping)
    - 2) Required advisor meetings for students re-entering
    - 3) Targeted trainings to the offices that enforce policies
    - 4) Promote a process for academic departments review their policies/procedures to identify implicit stressors (ex: sending notification of failing comps at 5pm on Friday); ensure students are included in review

- 5) Have information about mental health services on Sakai (ex: Ohio State)
  - 6) Develop a historical/current reference on student organizations related to mental health as a way to stay in touch with student concerns
- IV. Syllabi Proposal to Faculty Council
- A. Student government representatives will be speaking to the Faculty Executive Committee of the Faculty Council on November 19<sup>th</sup> re: including CAPS and ARS information in all syllabi
- V. Next steps
- A. Continue to meet bi-weekly through the semester
  - B. Soon begin to put together and refine a draft final report/recommendations

Absent: Tiffany Bailey, Kala Bullett, Rebecca Gibson, Sri Kalyanaraman, Hoi Ning Ngai, Madelyn Percy, Bob Pleasants, Savannah Putnam, Desirée Rieckenberg, Kara Simmons, Adam Ramsey, Angela Strain