

# UNC Mental Health Task Force

## CHARGE

---

The Task Force is charged with supporting the educational mission of the University by assessing the scope of mental health care needs at UNC-Chapel Hill, evaluating existing or emerging best practices from a variety of disciplines, and providing evidence-based guidance and recommendations regarding campus-based policies and programs related to mental health care. The Task Force shall consider initiatives around education, prevention and intervention. To optimize its effectiveness, the Task Force will include representatives from across major areas of campus life: academics, health, policy, student affairs, Title IX, and the student body. The Task Force shall have the opportunity and be encouraged to utilize small groups or subcommittees to advance its work.

## MISSION AND SCOPE

---

The Task Force is charged with identifying ways to enhance mental health and wellbeing across the University community, with a special focus on undergraduate, graduate and professional students, and post-doctoral fellows in order to meet the educational mission of the University.

The Task Force will review existing mental health services, campus climate, and approaches to prevention, early identification and ongoing support of those in need, and will work collaboratively to solicit perspectives from populations and identities across campus. The Task Force will identify and explore successful resources, programs, and opportunities for continued improvement.

## PROCESS AND STATUS UPDATE

---

Executive Vice Chancellor and Provost Bob Blouin, and Vice Chancellor for Student Affairs Winston Crisp convened the Task Force in March 2018. Since then, the Task Force has met regularly to identify the mental health care needs of the University community. During the summer, the Task Force split into four working groups to focus on defining concerns, reviewing data, and identifying best practices in an effort to develop draft recommendations in specific areas that impact mental health on campus. The four groups are:

- Wellness and Prevention
- Early Identification and Ongoing Support
- Treatment
- University Policies

In September 2018, the full Task Force met to hear draft reports from the working groups. The full Task Force will meet bi-weekly throughout the fall semester to refine these recommendations and prepare a final draft report. The Task Force will continue to actively seek input from the campus community while preparing its recommendations. The final report is expected to be completed and presented by January 2019.