

- I. CAPS Overview continued – Allen O’Barr
  - a. What CAPS does – individual brief therapy with no session limit, group therapy, medication evaluation and maintenance, referral to community providers
  - b. CAPS staffing and usage
    - i. Permanent staff to student ratio is in the 50<sup>th</sup> percentile nationally; staff to student ratio including trainee staff is in the 25<sup>th</sup> percentile nationally
    - ii. CAPS counselors spend 65-70% of time in direct clinical service
    - iii. Over five years, there has been an increase in students served for medication, tele/web, academic intervention, triage, urgent crisis and brief therapy
    - iv. Percentage of student population seen has increased from ~12% in 2015-16 to ~13% in 2016-17 and ~14% in 2017-18.
    - v. Staff increases:
      - 1. Adding a post-MSW fellow increases capacity to see 84 more clients per year
      - 2. Adding a permanent employee increases capacity to see 125 more clients per year
- II. Framework for organizing subgroups (charts and slides available in Sakai)
  - a. Continuum of care/3 in 1 multi-level approach – Dean Blackburn
    - i. Continuum of care: promotion, prevention, treatment, recovery
    - ii. 3 in 1 approach
      - 1. Broad based promotion and prevention for the whole campus community
      - 2. Programs, services and messages that address specific groups/populations/issues
      - 3. Individual supports for students with specific issues
  - b. Public health models – Ed Fisher
    - i. General ecological model in public health
    - ii. Ecological model applied to the University
    - iii. Ecological model applied to mental health prevention, care and support
  - c. Medical school standards and framework for student mental health care – Georgette Dent
    - i. Medical school standards and surveys for student mental health care

- ii. Education/Access/Practices framework for addressing student mental health

III. Next steps

- a. Continued discussion of framework for establishing subgroups
- b. Determining subgroups and subgroup membership

Absent:

Winston Crisp, Atiyah Hamilton, Christi Hurt, Sri Kalyanaraman, Madelyn Percy, Desiree Rieckenberg, Kara Simmons, Angela Strain