

Mental Health Task Force
4-19-2018

- I. Welcome from chair Erica Wise
- II. Comments from Winston Crisp (Vice Chancellor for Student Affairs)
 - a. The MHTF is important because of the increasing needs of students
 - b. We are all committed to the charge of this committee
 - c. Introduction of trustees serving on the task force – Trustee Chuck Duckett and Trustee Kelly Hopkins
 - d. Size of the committee – it is large but we need the different perspectives and we must spend time educating each other
 - e. We need to do a strong evaluation of what we are /aren't doing, what we might do, what's working elsewhere, what's working well here
 - f. The end result will be concrete and specific recommendations and proposals
 - g. There is nothing more important happening at UNC right now—everything we do depends on the health and wellbeing of our people
- III. Review of ground rules and continued introductions/getting to know each other
 - a. Read through discussed ground rules – summary will be added to Sakai
 - b. Discussion of possibly developing a directory of MHTF members
 - c. Introductions – role and how you and/or your office interact with students around mental health issues
 - i. Christi Hurt, Assistant Vice Chancellor for Student Affairs – connecting students/families to mental health resources as needed
 - ii. Kara Simmons, Associate Vice Chancellor and Senior University Counsel, Office of University Counsel - providing legal advice to student organizations and administrators around student and employment issues
 - iii. Hoi Ning Ngai, Associate Dean of Student Affairs for the Graduate School – acts as consultant with students/staff/faculty to serve and support students
 - iv. Jeni Cook, Media Relations Manager for University
 - v. Chloe Russell, Assistant Dean of Academic Advising – supervises a team of six advisors in the college advises students directly, helping students with mental health concerns navigate appeals and other processes
 - vi. Bob Pleasants, Assistant Director of the UNC Learning Center – working directly with students focused on academics and issues like time management, test prep, etc where there can be underlying mental health issues

- vii. Rebecca Gibson, Report/Response Coordinator Title IX- working with students who are reporting sexual assault and harassment, referring to support resources
- viii. Kala Bullett, Senior Associate Director for Carolina Housing– working very closely with students raising mental health concerns in the residence halls; housing staff are often first to see students who need help
- ix. Madelyn Percy, Phd student in Geological Sciences and former president GPSF – has had many discussions with students on the need for mental health resources for graduate students
- x. Manny Hernandez, Phd student in Geography and current GPSF president – listens to graduate student concerns and serves as voice of graduate student body
- xi. Sri Kalyanamaran, Graduate student in Biostatistics – interested in and passionate about mental health and has served multiple roles in GPSF including Campus Health Advisory board
- xii. Savannah Putnam, Student Body President – representing the student body with mental health as a main priority for the coming year
- xiii. Priya Sridhar, Undergraduate student and founder of Mental Health Ambassadors at UNC, also serving as advisor to national organization Mental Health America
- xiv. Desiree Rieckenberg, Senior Associate Dean of Students – supervises the Dean of Students office which serves a large caseload of students who come in with mental health issues
- xv. Avery Cook, Clinical Coordinator at CAPS – provides direct service and oversight of services provided to students
- xvi. Allen O’Barr, Director of CAPS –provides overall vision and strategic plans for CAPS, and sees students as a psychiatrist
- xvii. Georgette Dent, Associate Dean of Student Affairs at the School of Medicine – directly interacts with many SOM students presenting mental health concerns
- xviii. Ed Fisher, Professor in Health Behavior at the School of Public Health - clinical psychologist by training; works on community and peer influences in mental health.
- xix. Tracie Hyde, Assistant to CAPS Director – manages CAPS data and understands trends of increasing need on campus
- xx. Angela Strain, Chief of Emergency Psychiatry at UNC Hospital – sees students in ER crisis situations and wants to help committee decrease those occurrences
- xxi. Dean Blackburn, Director of Student Wellness – provides campus education and prevention resources, looks at student wellbeing through a health equity lens and the factors that impact students wellbeing
- xxii. Anne Belote, Executive Assistant to the VC for Student Affairs – helps connect students and families to mental health resources

- xxiii. Winston Crisp, Vice Chancellor for Student Affairs– main advocate for students on campus, is engaged and involved personally and professionally in mental health concerns of students
 - xxiv. Erica Wise, Professor of Psychology and Director of Community Clinics and Task Force Chair
- IV. Brief discussion of Brofenbrenner’s Ecological Model as a framework for the Mental Health Task Force’s work
- V. Next steps discussion
- a. Clarifying our work
 - i. Focus on what it means to do this, and how to divide work into sub-groups
 - ii. Suggested subgroup areas:
 - 1. Education
 - 2. Addressing Stigma
 - 3. Access
 - 4. Practices
 - iii. Defining terms, scope, and continuum of work
 - iv. Establish a data repository
 - v. Issues for analysis
 - 1. Policy analysis – how do University policies and procedures add to student stress
 - 2. Financial access to resources
 - 3. Positive mental health and practical skills
 - 4. How to create a campus culture of self care
 - 5. Student first point of access for resources
 - b. Collecting information
 - i. Get a comprehensive study of student views, especially broken down by year
 - ii. Student narratives
 - iii. Campus and national surveys and usage data – will be uploaded to Sakai

Absent: Tiffany Bailey, Atiyah Hamilton