

Mental Health Task Force  
4-13-2018

- I. Welcome
  - a. Thank you for your participation on the task for from chair Erica Wise
  - b. Meeting goals: continue getting to know each other, discuss what we are doing and how we will do it
- II. Discussed ground rules for Task Force
  - a. Confidentiality
    - 1. Minutes will be recorded with care around personal information
    - 2. These meetings are open to the public but privacy will be respected and space will be created to talk about difficult issues
    - 3. Be thoughtful about sharing information about individuals that could be identifying
    - 4. Do not gossip or share other's comments outside of the task force
  - b. Community
    - 1. Prioritize listening and learning
    - 2. There's about 21 of us – 21 unique perspectives; give each other space and respect
    - 3. Assume best intentions
    - 4. Appropriately challenge – be thoughtful about how to appropriately push back at colleagues
    - 5. Recognize the equal value of all contributions
    - 6. Step back/Step up – if you tend to speak a lot, challenge yourself to step back and listen; if you tend to be quieter, challenge yourself to speak more
  - c. Be bold and creative
  - d. Use first names
- III. Gathering information for a data driven process
  - a. UNC data to compile:
    - i. CAPS and CHS data
    - ii. Wellbeing survey – data available early May
    - iii. Data from UNC centers and programs
    - iv. Data from retention office and academic advising
    - v. Data from student services managers
    - vi. Studies from Student Wellness practicum groups
    - vii. Demographic info of students and employees and graduate students – who are we trying to serve
  - b. UNC information to assess or create:
    - i. Asset map – what services do we already have
    - ii. Needs assessment

- iii. Barriers to service
- iv. Student point of access – website, faculty referral, etc; where do they want to go and what kind of services are they looking for
- v. When do students realize resources are available
- vi. Data for diverse populations
- vii. Assessment of policies and structures that cause mental strain (processes like hardship parking for example); what are the sources of strain in the system
- viii. What is the funding situation at UNC for mental health resources
- ix. Insurance – what does it cover and what doesn't it cover
- x. What is the university responsible for providing?

c. National data:

- i. National best practices
- ii. National counseling center data via Center for Collegiate Mental Health (2016 data already on Sakai)

d. How to collect information

- i. Organize into categories to funnel into our goals
- ii. Be thoughtful about where we are getting data – there will be populations not represented in traditional surveys, so how will we find representation
- iii. Send any reports/data/articles/etc to Erica, Christi or Anne for uploading to Sakai

IV. Planning for summer

- a. We will meet over the summer
- b. Provost would like report by the end of 2018
- c. Biweekly meetings; midweek; Anne will send a survey to schedule

V. Attendance

- a. Dean Blackburn, Director of Student Wellness
- b. Hoi Ning Ngai, Associate Dean of Student Affairs for the Graduate School
- c. Chloe Russell, Assistant Dean Academic Advising, Hardin Hub
- d. Rebecca Gibson, Report/Response Coordinator Title IX
- e. Allen O'Barr, Director of CAPS
- f. Avery Cook, Clinical Coordinator CAPS
- g. Tracie Hyde, Assistant to the Director, CAPS
- h. Atiyah Hamilton, Undergraduate Student
- i. Melanie Langness, Undergraduate Student
- j. Priya Sridhar, Undergraduate Student,
- k. Jeni Cook, Media Relations
- l. Angela Strain, Chief of Emergency Psychiatry at UNC Hospital
- m. Desiree Rieckenberg, Senior Associate Dean of Students, director of DOS

- n. Madelyn Percy, Graduate Student in Geologic Sciences and past GPSF president
- o. Sri Kalyanaraman, Graduate Student in Biostatistics
- p. Tiffany Bailey, Director of Accessibility Resources and Service
- q. Anne Belote, Executive Assistant to the Vice Chancellor for Student Affairs
- r. Christi Hurt, Chief of Staff and Assistant Vice Chancellor for Student Affairs
- s. Georgette Dent, Associate Dean of Student Affairs, UNC School of Medicine
- t. Erica Wise (Chair), Professor of Psychology and Director of Community Clinics